

Anaphylaxis is a severe and potentially life threatening allergic reaction. We want to do our best to keep those at risk, as safe as possible.

Being allergy aware means being informed about allergies and their triggers. We aim to create a greater understanding of severe allergy and the risk of anaphylaxis.

Avoidance of the food trigger is the only way to prevent a reaction. It is critical that we implement strategies to prevent allergic reactions and that we are able to recognise an allergic emergency and act when it occurs. We have a duty of care to everyone in our community and the key to managing severe allergy is awareness, avoidance and action.

## Currently there is no cure for food allergy.

allergyfacts.org.au 1300 728 000



Allergy& Anaphylaxis **Australia** 

Your trusted charity for allergy support



Knowledge for Life.























