

ACTION PLAN FOR FPIES (FOOD PROTEIN INDUCED ENTEROCOLITIS SYNDROME)



may not start for a few

Name:	
Date of birth:	FPIES is a delayed gut allergic reaction, which presents with repetitive, profuse vomiting that may not start for a few hours after a triggering food(s) is eaten. Some individuals with FPIES may develop diarrhoea, lethargy, become pale, floppy and/or feel cold.
	Adrenaline autoinjectors and antihistamines do not play a role in the management of FPIES
	MILD TO MODERATE SYMPTOMS
Confirmed triggers:	VomitingDiarrhoea
	ACTION FOR MILD TO MODERATE SYMPTOMS
Family/emergency contact name(s):	Notify parent/guardiansObserve for progression
	SEVERE SYMPTOMS -
Work Ph: Home Ph: Mobile Ph:	 Any one of the following in addition to vomiting Pale and floppy Cold to touch
Plan prepared by:	ACTION FOR SEVERE SYMPTOMS
Dr:	1 Phone ambulance: 000 (AU) or 111 (NZ)
Signed:	,,,
Date:	

Some individuals with FPIES may also have a food allergy and be at risk of anaphylaxis to other foods. They will have a separate ASCIA Action Plan for Anaphylaxis for this food allergy.

Additional instructions: